

# Teaming Up for Health Outcomes

## Request for Proposals

### Purpose

The purpose of this mini-grant opportunity is to increase access to healthy choices and community capacity to address health by providing technical assistance and funding opportunities around the state. We believe that lasting change can happen at the community level through partnerships, equitable and evidence-informed strategies, and funding.

Between 2021 and 2024, Wholespire, formerly Eat Smart Move More SC, in partnership with the SC Office of Rural Health (SCORH), will fund mini-grants in amounts up to \$5,000 beginning in the summer of 2021. There will be one grant cycle per year with an application deadline in July. The mini-grants will be used to fund healthy eating and active living projects that support [policy, systems, and environmental \(PSE\) changes](#). Grantees will receive technical assistance to help complete projects and to connect with other existing local community health initiatives.

Please email Lauren Everett, community coordinator at Wholespire, [community@wholespire.org](mailto:community@wholespire.org) if you are interested in speaking with a staff person about your project idea.

### Eligibility and Selection Criteria

Applicants may be a current 501(c)3 nonprofit organization OR use a fiscal agent who is a current 501(c)3, school, local government, or faith-based organization.

All grant proposals MUST be related to healthy eating and/or active living and implement, promote, or support a [PSE change](#).

In addition, strong grant proposals will include:

- A project idea that is ready to be implemented.
- A letter of support for the project from partnering organizations.
- Outline of how the project will address [health equity](#) in your community.

Examples, not a complete list, of projects that may be funded through this initiative:

- Improvements for schools' outdoor activity spaces, such as water bottle refill stations.
- Bike racks and/or crosswalks to support a complete streets effort.
- Establishment or promotion of SNAP/Healthy Bucks at a farmers' market.
- Support of a local [HYPE](#) team's project.
- Support for a faith-based HEAL initiative such as Faith Activity Nutrition (FAN).



## Other Information

Please see our Frequently Asked Questions section for additional details about the grant process.

## Key Dates

**June 21, 2021:** Mini-grant application opens

**July 21, 2021:** Mini-grant application deadline

**August 17, 2021:** Awardees notified

**September 1, 2021:** Funds Released

**May 30, 2022:** Grant period ends

**July 1, 2022:** Final reports due

An application can be found online at [www.wholespire.org](http://www.wholespire.org) and [www.scorh.net](http://www.scorh.net)  
For questions or concerns, please email [community@wholespire.org](mailto:community@wholespire.org) or call 803-667-9810.

**Wholespire** is a statewide organization whose mission is to provide communities with proven and sustainable approaches that lead to increased access to healthy choices for all people. The organization's approach includes promoting healthy eating, active living as a key component of public health; informing, engaging, and influencing decision-makers to include health in policy decisions; providing support at the local level, through a network of chapters, for communities to achieve healthy change; and championing equity.

**South Carolina Office of Rural Health (SCORH)** is a non-profit organization with a mission to close the gap in health status and life expectancy between rural and urban communities in the Palmetto State. SCORH has been promoting investment, opportunity, and health within rural communities since 1991. With 27 percent of our state's residents living in rural areas, SCORH believes in preserving the unique character of rural communities without compromising their opportunities and access to critical services.

