



Sample Action Plan



| Goal: To incorporate 10-minute physical activity breaks during Sunday school. | | | | |
|--|--------------------------------------|-----------------|---|----------|
| Task | Who does it? | By when? | Sign of Completion | Complete |
| Draft physical activity break policy. | HYPE Team | May 1, 2020 | Policy drafted | |
| Submit physical activity break policy for approval. | Lead Adult Advisor | May 15, 2020 | Policy approved | |
| Meet with all Sunday school teachers to share policy and physical activity resources. | HYPE Team and Sunday School Teachers | June 15, 2020 | Attendance sheet from meeting with Sunday school teachers | |
| Host kickoff physical activity event for all Sunday school classes. | HYPE Team and Sunday School Teachers | July 1, 2020 | All Sunday school classes have participated in kickoff | |
| Recognize Sunday school classes that completed at least 10 activity breaks during the first quarter. | Pastor | October 1, 2020 | Sunday school classes recognized during church service | |

Sample Action Plan



Action Plan Card



| Goal | | | | |
|------|--------------|----------|--------------------|----------|
| Task | Who does it? | By when? | Sign of Completion | Complete |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |



Action Plan Card



| Goal | | | | |
|------|--------------|----------|--------------------|----------|
| Task | Who does it? | By when? | Sign of Completion | Complete |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |



Action Plan Card



| Goal | | | | |
|------|--------------|----------|--------------------|----------|
| Task | Who does it? | By when? | Sign of Completion | Complete |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |



Action Plan Card



| Goal | | | | |
|------|--------------|----------|--------------------|----------|
| Task | Who does it? | By when? | Sign of Completion | Complete |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |