

Eat Smart, Move More Community Priority Checklist

This tool was designed to assist community groups in prioritizing their policy, systems, and environmental change strategies to address healthy eating, active living, and obesity prevention. It is recommended that this checklist be administered with a group of people, such as a coalition, to reflect the views of numerous community members. The group may choose to complete one checklist collectively, or have individuals complete the checklist and then compile scores.

After community priorities are identified, coalitions can then begin developing their community action plan. The items in this checklist are aligned with Options for Action Community Objectives and Activities, which will serve as the framework for the community action plan.

Directions:

1. Rate each question from 1 to 3 in the “Current Status” column (using the key below), based on the resources and infrastructure currently in place.
2. Next, rate each question from High, Medium, or Low in the “Priority” column, based on the level of community interest.
3. If combining individually completed checklists, compile scores for the “Current Status” column of each item to determine strategies with the highest need.
4. After identifying strategies with the highest need, it is recommended that a group discussion take place to determine a

Current Status Key:

1: Adequate resources and/or infrastructure in place and available for most members of the community

2: Some resources and/or infrastructure in place

3: Very limited or no resources and/or infrastructure in place

Priority Key:

Low Priority (L)

Medium Priority (M)

High Priority (H)

community's priority strategies for addressing healthy eating and active living.

Does your environment support active living?

Community Strategies	Current Status (1-3)	Priority (H, M, L)
Has your community conducted a physical activity policy, systems, and environmental assessment to determine priority areas for improvements related to physical activity?		
Does your community advocate for community planning and development that support regular physical activity opportunities in a safe environment?		
Has your community established local Complete Streets policies?		
Has your community developed or maintained community parks and multi-use trails?		
Does your community support local Safe Routes to School Programs to improve safety and promote walking and biking to school?		
Has your community maintained and developed programming and facilities, such as park and recreation programs, for physical activity for all age groups?		
Has your community developed and implemented guidelines for providing physical activity opportunities in afterschool programs?		

Does your environment support healthy eating?

Community Strategies	Current Status (1-3)	Priority (H, M, L)
Has your community conducted a community food policy, systems, and environmental assessment or used county specific data from the Food Environment Atlas to determine priority areas for improvements related to healthy eating?		
Does your community advocate for community planning and development that provide access and availability to healthy foods?		
Does your community advocate for the placement of grocery stores in underserved areas?		
Has your community established community-supported agriculture initiatives, such as CSAs, co-ops, mobile markets, and processing facilities?		
Has your community established a community farmer's market or enhanced an existing market to include acceptance of EBT cards and vouchers?		
Has your community established a community vegetable and/or fruit garden?		
Has your community established breastfeeding-friendly community environments?		
Has your community established a process for including fruits and vegetables in emergency food programs?		
Does your community encourage small food storeowners in underserved areas to carry healthier, affordable food items?		
Does your community assist local restaurants in supporting healthy eating practices to include nutrition labeling, healthy children's meals, and appropriate portion size options?		
Does your community work with retailers to develop point of purchase prompts to promote healthy eating?		
Does your community provide healthy food and beverage options at community programs, festivals, and special events?		
Has your community developed and implemented guidelines for providing healthy food and beverages in afterschool programs?		

Does your community have a local coalition to address healthy eating, active living, and obesity prevention?

Community Strategies	Current Status (1-3)	Priority (H, M, L)
Has your community convened a diverse group of community stakeholders and champions?		
Has your community established a local Eat Smart, Move More chapter?		
Has your community participated in the asset mapping process to determine current community resources and gaps for addressing healthy eating, active living, and obesity prevention?		
Has your community used local data sources to identify specific community priorities regarding healthy eating, active living, and obesity prevention?		
Has your community developed a plan of action to address healthy eating, active living, and obesity prevention through policy, systems, and environmental change?		

Are learning opportunities available for community members and decision makers about healthy eating, active living, and obesity prevention?

Community Strategies	Current Status (1-3)	Priority (H, M, L)
Does your community provide education on policy, systems, and environmental strategies to address healthy eating, active living, and obesity prevention?		
Does your community promote consistent messaging throughout the community utilizing the Eat Smart, Move More...SC 7 Healthy Tips?		
Has your community established and promoted programming to address healthy eating, active living, and obesity prevention for all age groups?		

Modified from the Strategic Alliance ENACT

<http://eatbettermovemore.org/sa/enact/members/strategiesshow.php?e=4&se=1&48e394b7fc573ce20fa5f09a08b62dfe>