

# SOUTH CAROLINA HEALTH + PLANNING TOOLKIT

A HEALTHY EATING AND ACTIVE LIVING POLICY GUIDE



## Health + Planning Regional Training

- 8:45am - Sign In
- 9:00am- Welcome & project overview
- 9:15am - Introduction to the *South Carolina Health + Planning Toolkit*
- 9:25am - Planning requirements in SC
- 9:45am - Healthy eating and active living policy guide
- 10:30am - 5-minute Break
- 10:35am - Audience exercise –
- Part 1: Exploring the relationship of policy and health behaviors
- Part 2: Developing policy language for a South Carolina comprehensive plan
- 11:45am - Resources for taking action
- 11:55am - Closing remarks

Presented by Alta Planning + Design and the GSU Andrew Young School of Policy Studies Georgia Health Policy Center