



Obesity Summit

Eat Smart, Move More SC's 2010 Obesity Prevention Summit brought Partners together over 200 partners to discuss, understand and address the causes, affects and prevention methods of obesity. It offered an engaging look at best and promising practices to impact healthy eating and physical activity. Interactive sessions included competitive school foods, worksite trends and best practices, and engaging communities in healthy eating and active living. In it's fifth year, the Summit featured keynote presentations by Carole Garner, Team Leader, Engagement and Coordination of the Robert Wood Johnson Foundation's Center to Prevent Childhood Obesity, and Mayor Chip Johnson of Hernando, Mississippi. All presenters presentations are available on our website:

[View and download the speaker's presentations](#)



Mayor Chip Johnson of Hernando, Mississippi

In This Issue

News You Can Use.....	2-5
Tools & Resources.....	6-7
Research Corner.....	8
Grant Opportunities....	9
Conferences & Workshops.....	10 -11
Misc. Postings.....	12

Eat Smart, Move More Community Workshops

FREE regional trainings to get YOUR community eating smart and moving more!

Now is the time for communities to come together to positively combat the obesity epidemic impacting our communities and state. SC has the fifth worst overweight/obesity rate in the nation! By working together we can make a difference not only in the health and quality of life of South Carolinians but also in our state's economic vitality. Take action today. Join Eat Smart, Move More SC at one of the 3 workshops across the state: Learn how communities can come together and improve access to healthy eating and active living. This FREE three hour workshop will guide communities on how to get started on a "shoestring budget".

Register Online TODAY by clicking on the link:

[CLEMSON, SC on May 13](#)

[COLUMBIA, SC on June 16](#)

[CONWAY, SC on July 20](#)

The National Physical Activity Plan Released



The National Physical Activity Plan is a comprehensive set of strategies, including policies, practices and initiatives, aimed at increasing physical activity in the population level. The goal of this multi sector, public/private partnership is to produce a marked and progressive increase in the percentage of Americans who meet physical activity guidelines throughout life. Results will include improved health and well being; increased productivity; reduction of health disparities; and lowered rates of disease, disability, and premature death attributable to sedentary lifestyles.

The National Physical Activity Plan will:

- ➔ Make a compelling and urgent case for increasing physical activity in the American population, in order to improve health and reduce the massive toll of disease and health problems attributable to sedentary lifestyles, from diabetes to cardiovascular illnesses to obesity
- ➔ Provide a clear roadmap for actions that support short and long term progress in increasing Americans' physical activity
- ➔ Develop strategies for increasing physical activity in all population subgroups and reducing disparities across subgroups
- ➔ Create a sustained and resourced social movement that provides for ongoing coordination, partnerships, capacity building and evaluation
- ➔ Develop new and innovative strategies for promoting physical activity
- ➔ Undergo periodic evaluation to assess achievements in increasing physical activity

Experts from many fields have contributed to developing the Plan. The Plan will focus on eight key areas, including public health, business and industry, education, health care, mass media, parks/recreation/sports, transportation/urban design/community planning, and volunteer/nonprofit organizations. To read more details about the plan and its development, please [visit the plan's website](#)

School-Based Physical Activity, Including Physical Education, Positively Impacts Academic Performance

This new report indicates that school-based physical activity may help improve students' grades and test scores and positively affect other factors that influence academic achievement. The report also concludes that adding time during the school day for physical activity does not appear to take away from academic performance. The report and executive summary are available on the DASH Health and Academics Web site. Health and Academics

http://www.cdc.gov/healthyyouth/health_and_academics/index.htm#3

Additionally, the National Association for Sport and Physical Education has released a brochure for the public that briefly summarizes the findings of DASH's report. It is available at www.LetsMoveInSchool.org or www.aahperd.org/naspe.



May is Bike Month in SC!

Check out the May edition of Palmetto Cycling Coalition's Newsletter the *Palmetto Spokesman* to see what's happening across the state. Fun events are planned in Anderson, Bluffton, Charleston, Columbia, Greenville, Hilton Head, Mt. Pleasant, Rock Hill, Spartanburg, and Summerville. <http://archive.constantcontact.com/fs004/1102329574334/archive/1103353495273.html>

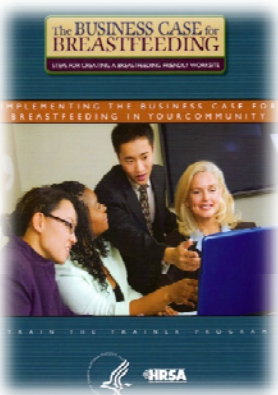
US Breastfeeding Committee Applauds Workplace Breastfeeding Support Provision in Health Care Reform

The United States Breastfeeding Committee (USBC) applauds the passage of the health care reform package, in particular, the workplace breastfeeding support provision in the [Patient Protection and Affordable Care Act](#). The provision states that employers shall provide reasonable, unpaid break time and a private, non-bathroom place for an employee to express breast milk for her nursing child for one year after the child's birth. Employers with less than 50 employees are not subject to the requirement if it would cause "undue hardship."

USBC Chair, Joan Younger Meek, MD, MS, RD, IBCLC, applauds the legislation's recognition of breastfeeding as a major preventive health care strategy. "Mothers, babies, and employers all win with breastfeeding support," says Dr. Meek. "[Research clearly demonstrates the value of breastfeeding](#) for the health of women *and* children, and medical experts agree with the U.S. Department of Health and Human Services (DHHS) in recommending exclusive breastfeeding for six months and continued breastfeeding for the first year of life and beyond. But returning to work can be a major hurdle for new mothers struggling to balance working and breastfeeding without the simple support measures this law ensures."

<http://www.usbreastfeeding.org/Portals/0/Workplace/HR3590-Sec4207-Nursing-Mothers.pdf>

[The Business Case for Breastfeeding](#), published in 2008 by DHHS, demonstrates an impressive return on investment for employers that provide workplace lactation support, including lower health care costs, absenteeism, and turnover rates. For more information and to access copies of *The Business Case for Breastfeeding* resources, visit [The National Women's Health Information Center](#). In South Carolina, contact Leslie MacTaggart Myers, Chair of the SC Breastfeeding Coalition at lmmyers@lander.edu



RWJF President Reflects on a Remarkable Year

In a letter to grantees and allies in efforts to reverse the epidemic of childhood obesity, RWJF President and CEO Risa Lavizzo-Mourey notes the significant progress made during the past 12 months—from legislative successes at all levels of government to the launch of major programs in communities across the country to the growing attention and involvement of other organizations, media and industry. "It seemed like nearly every week, there was some major news announced, coalition formed or achievement unveiled," she writes. The cumulative impact of these events points to only one conclusion: "The national movement to reverse the childhood obesity epidemic is gathering force. And rapidly." This month marks the third anniversary of the Foundation's announcement that it would commit \$500 million to help reverse the epidemic by 2015. Since then, Lavizzo-Mourey has looked back on each year's accomplishments and considered what still lies ahead.

<http://www.rwjf.org/childhoodobesity/product.jsp?id=60348&cid=xem-emc-ca>

US Travel Data Show Decline in Walking and Bicycling to School has Stabilized; Safe Routes to School Programs Encourage Active, Safe Trips to School

Walking and bicycling to school are great steps families can take to get America's kids moving, and new national data show how much work remains to get children out of the car and on to their feet or bikes. New national travel data show that the decline in rates of walking and bicycling to school has stabilized. However, children are still overwhelmingly arriving at school in their parents' cars, a significant reversal from four decades ago.

According to the 2009 National Household Travel Survey (NHTS), a U.S. Department of Transportation (DOT) effort to collect data on travel by the American public, 13 percent of children five to 14 years old usually walked or biked to school compared with 48 percent of students in 1969. Conversely, 12 percent of children arrived at school by private automobile in 1969, and, by 2009, this number increased to 44 percent. Rates of school bus ridership to school over this same 40-year span showed the least change, increasing from 38 to 40 percent.

http://www.saferoutesinfo.org/news_room/2010-04-08_2010_nhts_release.cfm

Helping Johnny Walk to School: Policy Recommendations for Removing Barriers to Community-Centered Schools

School districts are responsible for the education of almost 50 million public school students. Nearly all decisions about the use and location of school facilities are made by local school districts—but the impact of these decisions goes far beyond the school and the education of its students.

This report identifies the larger community interest in decisions about retaining existing schools and deciding where to locate new ones. It describes the states' role in school siting decisions and identifies state level policy changes that will ensure that educational, environmental, health, community, and fiscal considerations are weighed by communities when school districts make school closing, consolidation, and site selection decisions.

The report was produced through a cooperative agreement with the U.S. Environmental Protection Agency and with support from Building Education Success Together (BEST).

<http://www.preservationnation.org/issues/historic-schools/>

IOM Report Released: Strategies to Reduce Sodium Intake in the United States

In 2008, Congress asked the IOM to recommend strategies for reducing sodium intake to levels recommended in the Dietary Guidelines for Americans. In this report, the IOM concludes that reducing sodium content in food requires new government standards for the acceptable level of sodium. Manufacturers and restaurants need to meet these standards so that all sources in the food supply are involved. The goal is to slowly, over time, reduce the sodium content of the food supply in a way that goes unnoticed by most consumers as individuals' taste sensors adjust to the lower levels of sodium.

Analysts estimate that population-wide reductions in sodium could prevent more than 100,000 deaths annually. While numerous stakeholders have initiated voluntary efforts to reduce sodium consumption in the United States during the past 40 years, they have not succeeded. Without major change, hypertension and cardiovascular disease rates will continue to rise, and consumers will pay the price for inaction.

<http://www.iom.edu/Reports/2010/Strategies-to-Reduce-Sodium-Intake-in-the-United-States.aspx>

Healthy Food Financing Legislation Introduced



On Monday, April 12, New York Senator Kirsten Gillibrand, along with Senate Majority Leader Harry Reid (NV), introduced a new bill aimed at bringing healthy food to underserved communities - *The Healthy Food Financing Initiative*. This legislation would invest \$1 billion in grants and loans to build more than 2,100 new or renovated grocery stores, corner stores, and farmers' markets in urban and rural areas.

According to Gillibrand, "Millions of Americans do not have access to fresh, healthy food. By building new grocery stores in underserved areas across the country we can give people the opportunity to live longer, healthier lives, save billions in health care costs, and create tens of thousands of good-paying jobs." A similar version of the bill will be introduced in the House by Reps. Nydia Velazquez (NY), Allyson Schwartz (PA), and Earl Blumenauer (OR) in the coming weeks.

Modeled after a highly successful program in Pennsylvania, the Healthy Food Financing Initiative would give priority to states and localities that have already begun efforts to build new grocery stores in food desert areas.

<http://www.foodsafetynews.com/2010/04/sen-gillibrand-tackles-food-deserts/>

National Employee Health & Fitness Day – May 19, 2010

The National Association for Health & Fitness, www.physicalfitness.org, announced that its 21st celebration of National Employee Health & Fitness Day will be held on Wednesday, May 19th, 2010. The 2010 theme for National Employee Health and Fitness Day is "Making Healthier Habits Work".

To assist employers in planning their May 2010 National Employee Health and Fitness Day activities, NAHF has available through the NAHF website, a planning CD and a variety of health education and National Employee Health and Fitness Day incentive items. Participating employers and organizations are encouraged to email NEHF Day photos and brief narratives of their National Employee Health and Fitness Day activities to the NAHF, to welness@city-buffalo.org. For more information and resources for participating in NEHF Day, please visit www.physicalactivity.org

The FDA Looking to Make Nutrition Information User Friendly

The U.S. Food and Drug Administration (FDA) has issued a



request, in the Federal Register, for data and other information the agency can use as it considers

ways to make nutrition information more useful to consumers; for example, on "front-of-pack" labeling (the main display panel on products) and shelf tags in retail stores. The deadline for submitting comments is July 28, 2010.

The goal of this request is to make calorie and nutrition information available to consumers in ways that will help them choose foods for more healthful diets an effort that has taken on special importance, given the prevalence of obesity and diet-related diseases in the U.S. and of increasingly busy lifestyles that demand quick, nutritious food.

The FDA and the U.S. Department of Agriculture are working with public and private stakeholders to develop a voluntary front-of-pack nutrition label based on sound nutrition criteria, consumer research, and design expertise, to supplement the information in the Nutrition Facts box currently on labels.
<http://www.fda.gov/Food/NewsEvents/ConstituentUpdates/ucm209949.htm>

Centers for Disease Control and Prevention Release Transportation and Health Report

Centers for Disease Control and Prevention (CDC) has identified transportation policies that can have profound positive impact on health. CDC supports strategies that can provide a balanced portfolio of transportation choices that supports health and reduces health care costs. Transportation policy can:

- 🚶 Reduce injuries associated with motor vehicle crashes
- 🚶 Encourage healthy community design
- 🚶 Promote safe and convenient opportunities for physical activity by supporting active transportation infrastructure
- 🚶 Reduce human exposure to air pollution and adverse health impacts associated with these pollutants
- 🚶 Ensure that all people have access to safe, healthy, convenient, and affordable transportation
<http://www.cdc.gov/transportation/default.htm>



Model Obesity Prevention Resolutions by NPLAN

Local governments generally create binding laws within their borders by passing ordinances. A resolution, on the other hand, instead shows the government's interest or commitment to pursuing a certain issue - such as obesity prevention. Because resolutions are more informal than ordinances, they are often procedurally easier to enact and can be a great way to encourage an otherwise reluctant local legislature to take its first steps towards longer-term and more comprehensive action. The National Policy & Legal Analysis Network to Prevent Childhood Obesity (NPLAN), which is a project of Public Health Law & Policy, has developed a comprehensive and flexible model obesity prevention resolution designed to meet the needs of diverse communities.

<http://www.nplanonline.org/nplan/products/model-local-obesity-resolution>

New Online Tools to Help Americans with Diabetes Take Small Steps

With nearly 24 million children and adults in the U.S. living with diabetes, chances are you know someone in your life affected by the disease. Check out [DiabetesActNow.org](http://www.diabetesactnow.org) to get entertaining video tips on how to "hatch a heart-healthy omelet," "shift your parking strategy," "be a salt detective," and many more! There is even an easy portable tool you can download to your personal desktop, post to your social networking accounts, and share with friends and family.

<http://www.diabetesactnow.org/easyactions/>

Health and Human Services announces Small Steps for Kids

Find tons of fun, new activities that'll keep you and your kids healthy and active at Smallstep.gov. Along with our friends Maya & Miguel and the Loony Tunes, you can get healthy recipes to try with your kids, play cool games, and even download exclusive wallpapers!!! So encourage the children in your life to come hang out with the whole gang today at

Smallstep.gov



New Website for Farm to School Programs Launched

Farm to School connects schools (K-12) and local farms with the objectives of serving healthy meals in school cafeterias, improving student nutrition, providing agriculture, health and nutrition education opportunities, and supporting local and regional farmers. <http://www.farmtoschool.org>



New WELCOA Physical Activity Tool-Kit Now Available At No Charge

Helping your employees understand why exercise is important, how much they need, and how they can stay motivated just got a little easier with WELCOA's new Tool-Kit on Physical Activity for a Healthy Weight. Specifically, this WELCOA Tool-Kit consists of a high-quality presentation on physical activity, handout masters for distribution, and an in-depth fact sheet to help you prepare. It can be used in a variety of ways within your organization—from lunch and learns to presentations to general assemblies. With all the materials at your fingertips, this WELCOA resource should significantly jump start your physical activity initiative.

<http://www.welcoa.org/news.php?entryid=628>



FREE Fuel Up to Play 60 Toolkits Now Available

Fuel Up to Play 60, the school wellness program provided by the National Dairy Council, your local Dairy Council and the National Football League, in partnership with the U.S. Department of Agriculture, is helping to make wellness part of the game plan in more than 60,000 schools across the country!

The program encourages school teams to make real changes in their eating and physical activity habits by choosing and implementing Action Strategies that help them "fuel up" with healthy foods and "get up and play" for 60 minutes a day. Fuel Up to Play 60 can be used to complement an existing school wellness program, or to help a school get started.

To join Fuel Up to Play 60, request a free School Wellness Kit, or learn more about the program, go to www.FuelUptoPlay60.com

"Better for You" Labeling Report

Are you curious about how food manufacturers and retailers are trying to label healthier foods? Businesses have developed a variety of nutrition rating systems in recent years, assigning certain products a "better for you" symbol or a score on a ranked scale. Learn about the vast array of such rating systems and how federal agencies could regulate them in NPLAN's [new report](#), "Stumped at the Supermarket: Making Sense of Nutrition Rating Systems." This paper, commissioned by NPLAN from the Public Health Law Center at William Mitchell College, is informing a recently-convened Institute of Medicine committee charged with evaluating the science underlying these nutrition rating systems. <http://www.ccscenter.org/afterschool/Step-By-Step%20Guide> "t" blank



Changing Lives, Saving Lives: A Step-by-Step Guide to Developing Exemplary Practices in Healthy Eating, Physical Activity and Food Security in Afterschool Programs

This guide was developed as part of the Center for Collaborative Solutions' Healthy Behaviors Initiative. It is designed to help afterschool program and site directors, members of leadership teams and program partners systematically strengthen their own nutrition, physical activity and food security practices using step-by-step guidance. There are also examples from ten afterschool programs across the state that have implemented the practices at an exemplary level. <http://www.ccscenter.org/afterschool/Step-By-Step%20Guide>



The Eating and Health Module of the American Time Use Survey

The Eating & Health (EH) Module of the American Time Use Survey (ATUS) collects additional data to analyze relationships among time use patterns and eating patterns, nutrition, and obesity; food and nutrition assistance programs; and grocery shopping and meal preparation. This User's Guide provides detailed guidance to researchers on how to use the EH Module to measure time use and eating patterns. <http://www.ers.usda.gov/Publications/AP/AP047/AP047.pdf>

The Knowledge Path: Physical Activity and Children and Adolescents

The Maternal and Child Health Library at Georgetown University has released a new edition of the knowledge path, Physical Activity and Children and Adolescents. This electronic guide points to resources that analyze data, describe public health campaigns and other promotion programs, and report on research aimed at identifying promising strategies for improving physical activity levels within families, schools and after-school programs, child care and early childhood education settings, and communities. The knowledge path also presents resources about physical activity for children and adolescents with special health care needs. The knowledge path is available at http://www.mchlibrary.info/KnowledgePaths/kp_phys_activity.html.



National Start! Walking Day

Join Laila Ali, Hilton Head Hospital, Coastal Carolina Hospital and Americans across the country by taking a 30-minute walk, wearing sneakers to work and pledging to live a heart-healthy life on [National Start! Walking Day](#). Celebrating the event is free and easy. The American Heart Association will provide the materials you need to make the day a success, whether you're celebrating at your workplace or by yourself. [Register online](#) to get a toolkit via e-mail and updates leading up to National Start! Walking Day. Check out Laila Ali talking about Start! on [YouTube](#). http://startwalkingnow.org/why_start_walking.jsp

Changes in school environments with implementation of Arkansas Act 1220 of 2003.

[Phillips MM](#), [Raczynski JM](#), [West DS](#), [Pulley L](#), [Bursac Z](#), [Gauss CH](#), [Walker JF](#)
Obesity (Silver Spring). 2010 Feb;18 Suppl 1:S54-61.
<http://www.nature.com/oby/journal/v18/n1s/full/oby2009432a.html>

Maternal Obesity and Risk for Birth Defects

Margaret L. Watkins, BSN, MPH, Sonja A. Rasmussen, MD, MS, Margaret A. Honein, PhD, MPH, Lorenzo D. Botto, MD, Cynthia A. Moore, MD, PhD
PEDIATRICS Vol. 111 No. 5 May 2003, pp. 1152-1158
<http://pediatrics.aappublications.org/cgi/content/abstract/111/5/S1/1152>

The Burden of Suboptimal Breastfeeding in the United States: A Pediatric Cost Analysis.

Bartick M, Reihhold A. 2010. *PEDIATRICS* (doi:10.1542/peds.2009-1616)
<http://pediatrics.aappublications.org/cgi/content/abstract/peds.2009-1616v1>

Physical Activity and Risk of Stroke in Women

Jacob R. Sattelmair, Tobias Kurth, Julie E. Buring, and I-Min Lee, , *Stroke*, Apr 2010; doi:10.1161/STROKEAHA.110.584300
<http://stroke.ahajournals.org/cgi/content/abstract/STROKEAHA.110.584300v1>

Excess Body Weight and Incidence of Stroke: Meta-Analysis of Prospective Studies With 2 Million Participants

Pasquale Strazzullo, Lanfranco D'Elia, Giulia Cairella, Francesca Garbagnati, Francesco P. Cappuccio, and Luca Scalfi
Stroke. 2010;41:e418-e426
<http://stroke.ahajournals.org/cgi/content/abstract/41/5/e418>

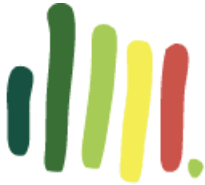
Disparities in food access: Does aggregate availability of key foods from other stores offset the relative lack of supermarkets in African-American neighborhoods?

Bodor JN, Rice JC, Farley TA, Swalm CM, Rose D. 2010. *Preventive Medicine*.
http://www.sciencedirect.com/science?_ob=ArticleURL&_udi=B6WPG-4YWB28X-4&_user=10&_coverDate=04%2F18%2F2010&_rdoc=1&_fmt=high&_orig=search&_sort=d&_docanchor=&view=c&_acct=C000050221&_version=1&_urlVersion=0&_userid=10&md5=e3b3e1edf8957acd6512e4de11dd7b9f



Federal Promise Neighborhoods Grant Initiative

Deadline: Letter of intent to apply are due on May 21, 2010; Full applications will be due on June 25th, 2010
<http://www.promiseneighborhoodsinstitute.org/>



PROMISE NEIGHBORHOODS INSTITUTE
AT POLICYLINK

Liberty Mutual's Responsible Sports Opens Spring Community Grants Program for Youth Sports Leagues

Deadline: May 31, 2010
http://www.responsiblesports.com/community_grants/default.aspx

School Nutrition and Physical Activity Policies Obesogenic Behaviors and Weight Outcomes (R01)

Deadline: Cycle II: June 5; Cycle III: October 5
<http://grants.nih.gov/grants/guide/pa-files/PA-10-052.html>

School Nutrition and Physical Activity Policies Obesogenic Behaviors and Weight Outcomes (R03)

Deadline: Cycle II: June 16; Cycle III: October 16
<http://grants.nih.gov/grants/guide/pa-files/PA-10-054.html>

School Nutrition and Physical Activity Policies Obesogenic Behaviors and Weight Outcomes (R21)

Deadline: Cycle II: June 16; Cycle III: October 16
<http://grants.nih.gov/grants/guide/pa-files/PA-10-053.html>

Athletics and Wellness Support Grants

Deadline: Rolling
<http://www.finishline.com/store/youthfoundation/review.jsp>

Baseball Tomorrow Fund Offers Support for Youth Baseball and Softball Programs

Deadline for Letters of Inquiry: Rolling
http://mlb.mlb.com/mlb/official_info/community/btf.jsp?content=grant_process

Funds for Community Projects in Florida and the Carolinas Progress Energy Corporate Grant Program

Deadline: August 1, 2010
<http://www.progress-energy.com/community/foundation/grantguidelines.asp>

School Breakfast to School Wellness Partnership

Deadline: May 26 2010
<http://www.actionforhealthykids.org/school-breakfast-to-school.html>



Nike and Ashoka's Changemakers: Changing Lives Through Football Competition

Deadline: June 11, 2010
<http://www.changemakers.com/en-us/football>

The Convergence Partnership is launching a webinar series to lift up various activities, strategies and resources aimed at creating healthy and safe environments for all.

All calls are on Tuesdays, 11:00-12:00pm PST (1:00 - 2:00pm CST; 2:00-3:00 EST)

April 27 - Healthy People, Healthy Places: How to Implement Environmental and Policy Change Strategies.

May 25 - Successful Partnerships: Strategies for Multi-field and Cross-Sector Collaborations.

June 29 - A Path from Hope to Change: Implementing Equity-focused Principles and Strategies.

July 27 - Talking about Healthy People in Healthy Places: Linking Values to Policy and Environmental Change.

Sept. 21 - The Art and Science of Evaluation: Sound Methods for Assessing Policy and Environmental Change.

http://www.kintera.org/TR.asp?a=gjJVLfPOiilYKiJ&s=%5b%5ben_supporter_id

The University of South Carolina - 2-day ACSM HFS workshop

June 16-17, 2010

Attend this workshop to prepare for the ACSM Health Fitness Specialist certification or use this event to earn 16.0 ACSM CECs.

June 18, 2010

The University of South Carolina - Weight Management for the Fitness Professional.

- ✓ Cost of the 3 day workshop package: \$334 (save \$50 when you register for all 3 days!)
- ✓ Cost of the 2 day workshop: \$250 (or \$195 for ACSM Certified Professionals)
- ✓ Cost of the 1 day CEC workshop: \$140 (no discount for ACSM Certified Professionals)

Register online at www.acsm.org/register

Learn more about the ACSM HFS Workshop

For more information about this location, contact Chris at

KLINEC@mailbox.sc.edu

School Wellness Policy Webinar

Action for Healthy Kids, in partnership with the Rudd Center for Food Policy and Obesity, is hosting a webinar on **Friday, May 14, 2010 from 1:00- 2:15pm ET** to discuss the Wellness School Assessment Tool (WellSAT). WellSAT is a resource that allows school districts to assess the comprehensiveness and strength of their local wellness policies in the areas of nutrition education and promotion, physical activity/physical education, school meals, and competitive foods.

<https://www2.gotomeeting.com/register/660619003>

Online Conference on Pedestrian Access

Easter Seals Project ACTION will host an online conference "[Building Livable Communities through Increased Pedestrian Access](#)" from May 18 to May 20. Each day, a 90-minute webinars will focus on pedestrian access, how to make streets safer and more accessible, and how pedestrian access contributes to more livable communities. The conference is hosted in partnership with the National Center on Senior Transportation and the Pedestrian and Bicycle Information Center. The registration deadline is May

11. <http://projectaction.easterseals.com/site/Calendar?view=Detail&id=32081>

Guiding Principles & Best Practices: Marketing & Communications

Columbia

June 6, 2010

1:00 - 4:30 pm

\$75 Members/\$125 Non-Members

http://www.scanpo.org/train_workshop.asp

Moving at the Speed of Light: Keeping up With Social Media

Myrtle Beach

May 13, 2010

1:00 4:30 pm

\$60 Members/\$95 Non-Members

Sponsored by First Federal

http://www.scanpo.org/train_workshop.asp

The Center of Excellence for Training and Research Translation at UNC-CH is offering the annual Obesity Prevention in Public Health Course August 15-20, 2010

at the Paul J. Rizzo Center in Chapel Hill, NC, for public health practitioners specifically involved in leading state-level nutrition, physical activity and obesity prevention initiatives at the environmental and policy level. The **ALL NEW 2010 Obesity Prevention in Public Health Course** is a five-day intensive training that integrates strategies for public policy and environmental change in states and communities to address health equity. Expanded course offerings will allow participants to individually customize their training by selecting a specific public health setting (i.e. schools, worksites, childcare, community, etc.) to receive in-depth training on creating and advocating policy solutions to critical public health nutrition and physical activity challenges. **Open applications are being accepted until June 4.** Please go to www.center-trt.org/index.cfm?fa=training.obesity for more information.

Writing Grants That Win!

May 12, 2010
9 AM - 4 PM
Midlands Technical College, Northeast Campus
151 Powell Road, Columbia, SC
Learn how to write winning grant proposals! Midlands Technical College will present a one-day grant writing course on May 12 at the college's Northeast Campus Auditorium. Beginning and experienced grant writers from city, county and state agencies, as well as nonprofits, K-12, colleges and universities are encouraged to attend.

FREE! Capacity Building Grant Writing Workshop

May 13, 2010
9:30 am - 4:30 pm
Charleston County Main Library
Main Auditorium
68 Calhoun Street, Charleston, SC 29401

Webinar Series: Making the Grade: Reversing Childhood Obesity in Schools

Robert Wood Johnson Foundation Center to Prevent Childhood Obesity

Please join The Robert Wood Johnson Foundation Center to Prevent Childhood Obesity and your colleagues in the field for our new webinar series "Making the Grade: Reversing Childhood Obesity in Schools."

Each webinar will be held bi-monthly on Thursdays at 2 p.m. Eastern (1 p.m. Central, 11 a.m. Pacific), and will discuss the important links between school environments, health, and academic achievement. Register for any or all of the four webinars in this series:

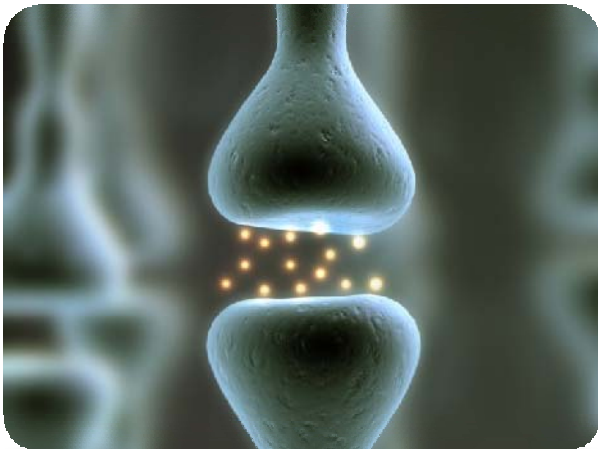
- **May 13:** Learning Curve: What You Need to Know about the Elementary and Secondary Education Act (ESEA) <http://reversechildhoodobesity.us1.list-manage.com/track/click?u=0dbac5f26ad18ac67959e871d&id=240099a3e9&e=2dd6cb8b4b>
- **May 27:** Reading, Writing, Running: The Connection Between Physical Activity and Academic Achievement <http://reversechildhoodobesity.us1.list-manage.com/track/click?u=0dbac5f26ad18ac67959e871d&id=b9dec3a63a&e=2dd6cb8b4b>
- **June 10:** Revisiting Recess: Strategies for Implementing Physical Activity Breaks During the School Day <http://reversechildhoodobesity.us1.list-manage.com/track/click?u=0dbac5f26ad18ac67959e871d&id=e4cce2176b&e=2dd6cb8b4b>
- **June 24:** Pass or Fail: Evaluating How Industry Markets Food to Children <http://reversechildhoodobesity.us1.list-manage.com/track/click?u=0dbac5f26ad18ac67959e871d&id=f904dbfd88&e=2dd6cb8b4b>

For more information about this webinar series visit: www.reversechildhoodobesity.org

Prevention Research Center at USC Recruiting Participants for Arthritis Study

The Prevention Research Center at the Arnold School of Public Health, University of South Carolina, has received funding from the Centers for Disease Control and Prevention for a project to evaluate the effectiveness of free, self-directed arthritis, exercise, and nutrition program that is meant to help people diagnosed with arthritis to manage their symptoms and feel better. This study is being conducted to evaluate self-directed health programs for people with arthritis.

If you participate, you will receive a free, self-directed exercise and nutrition program. You will also receive a small incentive. No medications will be given. For more information, call (803) 576-6381 or click on the following link. <http://www.sc.edu/news/newsarticle.php?nid=924>



Position Available in Columbia, SC State Job Title: Nutritionist IV

Internal Title: Student Health Services Registered Dietitian

Requisition #:002329

Job Description: Under the general supervision of the Director of Campus Wellness at the University of South Carolina, provides nutrition service for the University community, including students, faculty and staff.

Minimum Qualifications: Master's degree in public health nutrition, community nutrition, dietetics or nutrition and one (1) year experience in a clinical, public health or institutional setting; or a bachelor's degree in nutrition, dietetics, community nutrition and three (3) years experience in a clinical, public health or institutional setting; or a master's degree in any field and eligibility for registration by the American Dietetics Association and one (1) year experience in a clinical, public health or institutional setting; or a bachelor's degree in any field, eligibility for registration by the American Dietetic Association and three (3) years experience in a clinical, public health or institutional setting. For more information, please contact:

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www.sc.edu/healthycarolina

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