



Eat Smart, Move More Community Workshops

FREE regional trainings to get YOUR community eating smart and moving more!

Now is the time for communities to come together to positively combat the obesity epidemic impacting our communities and state. SC has the fifth worst overweight/obesity rate in the nation! By working together we can make a difference not only in the health and quality of life of South Carolinians but also in our state's economic vitality. Take action today. Join Eat Smart, Move More SC at one of the 3 workshops across the state: Learn how communities can come together and improve access to healthy eating and active living. This FREE three hour workshop will guide communities on how to get started on a "shoestring budget".

Register Online TODAY by clicking on the link:

[COLUMBIA, SC on June 16](#)

[CONWAY, SC on July 20](#)



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Eat Smart....it's in the Garden Workshop

Come learn how to establish a school vegetable garden or how to maintain or expand an existing school garden. Network with teachers and other school personnel that will lead the workshop and share their success stories from the field.

Date: June 21, 2010

Location: Sandhill Research and Education Center Lake House
905 Clemson Road, Columbia, SC

Time: 10 a.m. - 4 p.m.

No registration fee to attend but space is limited. Register by June 4 to bcrocker@scda.sc.gov



Lyon Street Community Garden

On the corner of McDuffie and Gervais streets, in the middle of the Lyon Street community in Columbia, SC, you will no longer see an empty, trash ridden plot of land. Instead, you will see a plot of land full of life with people and plants, including neat rows of everything from stevia to onions to strawberries. How and why did this transformation from needless, ugliness to useful, beauty take place? The how: a bit of Eat Smart, Move More funding and several committed community members with a vision. The why (in their words): “to foster a sense of community, promote a healthy lifestyle, and bring attention to the needs and assets of the Lyon Street neighborhood.”

Marvin Heller, the president of the Lyon Street Community Association, had been talking about starting a community garden, with neighbors, the city, and bordering communities, for some time. He largely wanted to use such a garden as a way to bring people in the community together, especially the younger and older generations. The “eating smart and moving more” that inevitably comes with starting and sustaining a community garden are added benefits, and considering the lack of fresh produce in the neighborhood, and the poor health, as visually seen by the missing limbs of several community members due to Diabetes, extremely needed benefits.

Currently, a core group of community members are doing the weeding, watering, and harvesting (with strawberries being the first ripened produce within the past couple of weeks). However, with the youth about to be out for the summer, activities are currently being planned to get them actively involved by way of working in the garden and reaping the rewards of tasting tomatoes right from the vine. A nutritionist, who grew up in the neighborhood, will also be leading nutrition classes with youth and adults, alike, to educate them on how to best to integrate the produce into their diets.



Story by: Carrie Draper

Alliance for a Healthier Generation – Recognition Awards

Marion Intermediate School and Easterling Primary School, both in Marion School District One, have received the Alliance for a Healthier Generation Healthy Schools Program Bronze




level National Recognition Award. These are the first two schools in S.C. to achieve national recognition. The Healthy Schools Program National Recognition Award is an honor given nationally to showcase and acknowledge schools that have implemented changes in order to create healthier school environments. To earn an award, schools must meet best practice criteria established by the [Healthy Schools Program Expert Panel](#) and outlined in the [Healthy Schools Program Framework](#). Developing a healthy school environment takes time and persistence. As such, the Healthy Schools Program’s award is granted at four levels of achievement: bronze, silver, gold, and platinum. The National Recognition Award application process is a comprehensive, collaborative endeavor in which the school and the Alliance work together to take a deeper look at progress achieved toward meeting best practice criteria.


In addition, Mary Graham, Director of Student Nutrition in Clarendon School District Two, on received the Alliance for a Healthier Generation Healthy Schools Program Champion Award. This award celebrates individuals in Alliance Healthy Schools Program schools and districts across the country that are engaging, motivating and leading others to take steps toward creating healthier school environments for students and staff. Mary is one of only 10 individuals across the country to be selected as an Alliance Healthy Schools Program Champion for 2010-2011, and the first in South Carolina. The Alliance [Healthy School Program Champions](#) lead changes in the areas of healthy eating, physical activity and staff wellness, while overcoming obstacles and finding innovative ways to implement programs and policies that support good nutrition and improve access to physical activity at school. For more information on the Alliance for A Healthier Generation, please contact Beth Barry, SC Relationship Manager at beth.barry@

Healthy Kids, Healthy Greenville Coalition

The Healthy Kids, Healthy Greenville coalition exists to engage the Greenville County community in developing healthier environments in which to live, work and play through strategies influencing policy and environmental change. The overall goal is to reduce the rate of childhood obesity and improve the health of children. Convened by the Piedmont Health Care Foundation, the coalition has been in the formative stages over the last 12 – 24 months, spearheading local research on childhood obesity and convening partners interested in developing a local action plan.


There is solid momentum in Greenville County, which is apparent through the energy and enthusiasm among participants who are leading the way in many areas. On March 18th, the Coalition (HKHG) kicked off a planning process to create healthier policies, systems and environments in our community. More than 65 hospital executives, elected leaders, school and PTA representatives, transportation planners, recreation and after school providers, physicians and other community residents spent the day with Tyler Norris, skilled facilitator and national healthy communities leader to envision a healthier Greenville. Since that time, seven workgroups have met to further develop the ideas from the planning retreat. Highlights include:


 **Access to healthy foods** – Establish a network of community gardens, including policies and procedures regarding use, harvesting, and protection from vandalism.

 **After school and child care providers** – Develop a “gold standard” system for healthy snacks in which providers can participate, which could include training for centers on sourcing, preparation, and affording healthier snack options.

 **Healthcare** – Create a referral protocol for local pediatricians to use with children who are overweight or obese.

 **Physical Activity and Recreation** – Increase awareness of existing parks and recreation facilities through collaborative mapping and promotions and advocating for parks and facilities within communities where there is no access.

 **Schools/PTA** – Assisting schools with healthier food fundraising; establishing procurement practices for locally grown foods in schools and promoting them on school menus; supporting schools in Safe Routes to Schools efforts.

 **Workplaces** – Piloting a program in local businesses to create healthier workplaces (e.g. incentives for health screenings, walking programs, healthy vending and food sales).

For more information, or to get involved in this effort, please contact Katy Smith at (864) 370-0212 or Eleanor Dunlap at (864) 420-4929.

Childhood Obesity Task Force Unveils Action Plan: Solving the Problem of Childhood Obesity Within a Generation

First Lady Michelle Obama joined Domestic Policy Council Director Melody Barnes and members of the Childhood Obesity Task Force to unveil the Task Force action plan: Solving the Problem of Childhood Obesity Within a Generation . In conjunction with the release of the action plan, Cabinet Members and Administration Officials will hold events across the country to highlight the importance of addressing childhood obesity.

"For the first time, the nation will have goals, benchmarks, and measureable outcomes that will help us tackle the childhood obesity epidemic one child, one family, and one community at a time," Mrs. Obama said. "We want to marshal every resource - public and private sector, mayors and governors, parents and educators, business owners and health care providers, coaches and athletes - to ensure that we are providing each and every child the happy, healthy future they deserve." In total, the report presents a series of 70 specific recommendations, many of which can be implemented right away.

Like the Let's Move! initiative, the Task Force report recognizes that government alone cannot solve this challenge. Achieving the goal will require strong partnerships with the private sector. The First Lady will work with groups such as the Partnership for a Healthier America, a new foundation that will draw upon the experience of honorary vice chairs former Senator Bill Frist and Mayor Cory Booker, to cement private sector commitments towards the shared goal of reducing childhood obesity, including but not limited to the action steps in the report.

http://www.letsmove.gov/taskforce_childhoodobesityrpt.html



State Physical Activity Reports Issued by CDC

The State Indicator Report on Physical Activity 2010 provides information on physical activity behavior and policy and environmental supports within each state. Physical activity, essential to overall health, can help control weight, reduce the risk of heart disease and some cancers, strengthen bones and muscles, and improve mental health. http://www.cdc.gov/physicalactivity/downloads/PA_State_Indicator_Report_2009.pdf

Individual State Indicator Reports on Physical Activity 2010 provides state-specific information summarized for each state's physical activity levels and compared to the nation.

http://www.cdc.gov/physicalactivity/downloads/PA_State_Indicator_Report_2009_Indicators.pdf

Also available, The National Action Guide summarizes PA levels among Americans and also provides potential action items to support state-level policy and environmental changes to increase PA.

http://www.cdc.gov/physicalactivity/downloads/PA_State_Indicator_Report_2009_Action_Guide.pdf

U.S. DOT Makes Complete Streets Policy Adoption a Performance Measure



The U.S. Department of Transportation has issued its [draft Strategic Plan](#), laying out the Department's priorities and the ways it will measure its own success. The draft names safety as the Department's number one priority and makes one measure of its success an increase in state and local Complete Streets policies. The draft says: "Pedestrian and bicyclist fatalities and injuries can be reduced through "complete streets" policies... A FHWA safety review found that designing the street with these users in mind-sidewalks, raised medians, turning access controls, better bus stop placement, better lighting, traffic calming measures, and treatments for disabled travelers-improves pedestrian, bicyclist, and motorist safety." This presents a fantastic opportunity to work with the U.S. DOT to increase policy adoption.

The draft includes many other innovative strategies for creating sustainable and livable communities, but has come under fire from those with an interest in a narrow focus on congestion relief.. The U.S. DOT is [inviting comments on the plan](#) by June 15th, and the Coalition is formulating comments; one of our comments will be to note how the benefits of Complete Streets extend to other areas named as a priority by the DOT.

<https://dotstrategicplan.ideascale.com/a/panel.do?id=8329>

Chefs Move to Schools

A part of the Let's Move! campaign launched by the First Lady earlier this year, "Chefs Move to Schools" encourages chefs to get involved with their local schools by volunteering their time and talents in school cafeterias. The program, run through the U.S. Department of Agriculture, calls on our Nation's chefs to adopt a local school and work with teachers, parents, school nutritionists and administrators to help educate kids about food and nutrition. Administrators or principals of K-12 schools are invited to sign-up online <http://www.letsmove.gov/> to help the U.S. Department of Agriculture connect volunteer chefs with interested schools in their area. Additional details regarding the program and information for how schools can sign up to be matched with a local chef in their area can be found here: http://healthymeals.nal.usda.gov/nal_display/index.php?tax_level=1&info_center=14&tax_subject=225



IBM to Tackle Childhood Obesity

Everyone agrees childhood obesity is a problem. IBM is hoping it can help ferret out some answers by putting computer models to work analyzing the reams of available data on the different factors that might affect obesity – things such as consumer behavior, the location of grocery stores, the availability of physical activity facilities and even community transportation options – and see how those factors interact. “When you take a look at obesity, at first blush it’s about how much you eat and how much you exercise,” Paul Maglio, a research scientist at IBM’s Almaden, Calif. lab, tells the Health Blog. “Then you look behind that and ask why people eat what they eat. What kind of food is being grown? How is it delivered? Are Mom and Dad home to cook a meal? There’s a very complicated system behind it all.” By running computer simulations, the scientists hope to bring policymakers some guidance on which levers to pull to most effectively influence obesity. For example, the models might answer the question of whether it’s best for a given community to put resources towards more P.E. classes or to build a new park, says Pat Selinger, an IBM Fellow. The project will roll out over the next year or so; IBM says potential collaborators include MIT’s Sloan School of Management and the NIH’s Office of Behavioral and Social Sciences. “If the initial effort is successful, the modeling system could be used to tackle other complex public-health problems,” Maglio says.

Health Care Reform and Obesity

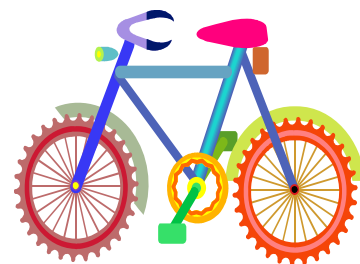
The Center for American Progress has published a report to describe areas within health care reform bill that have the potential to address childhood obesity (http://www.americanprogress.org/issues/2010/05/childhood_obesity_epidemic.html).

Food Companies Will Remove 1.5 Trillion Calories

Associated Press, Mary Clare Jalonick, 05/17/2010
Several of the nation's largest food companies say they are going on a diet. A coalition of retailers, food and beverage manufacturers and industry trade associations said Monday that they will take 1.5 trillion calories out of their products by 2015 in an effort to reduce childhood obesity. That equals about 12.5 calories per person per day. <http://www.washingtonpost.com/wp-dyn/content/article/2010/05/17/AR2010051702354.html>

Women’s Bicycle Survey

The Association of Pedestrian & Bicycle Professionals (APBP) invited women to participate in an online survey about their attitudes and concerns about bicycling. As of the end of March, responses have been received from 7,300 women. **Preliminary findings include:**
59% of respondents use their bikes for some of their daily trips
11% percent ride more than 80 miles per week during the summer
Some of respondents’ reasons for cycling:
90%--It’s great exercise and keeps me in shape
73%--Bicycling reduces my stress
72%--It saves me money
70%--It’s very green and I’m doing my bit
 Read more at <http://www.apbp.org/news/>



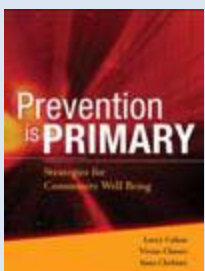
BRIEF PROVIDES GUIDANCE ON IMPLEMENTING CHANGE IN SCHOOL SETTINGS

Learning, Teaching, and Leading in Healthy School Communities addresses the levers of change in a school community that allow for the initiation and implementation of best practice and policy for improving school health. The research brief is a publication of ASCD (formerly the Association for Supervision and Curriculum Development) and is based on findings from a pilot study of school-community partnerships in the United States and Canada that focused on effective school-improvement efforts. The brief identifies nine levers that catalyzed significant change in the culture of the participating school communities and provides recommendations for school sites wishing to initiate and sustain meaningful school change and school improvement. Topics include the critical influence and role of the principal in organizing and leading the change process, addressing school improvement at the systemic level rather than just the programmatic level, engaging community members in the early stages of the work, and how health improvement supports school improvement. Examples from the field are included.

http://www.ascd.org/ASCD/pdf/siteASCD/products/healthyschools/tl_may2010.pdf

Addressing the Intersection: New brief connects safety to healthy eating and physical activity

What does safety have to do with physical activity and healthy eating? A great deal, according to a first-of-its-kind report released today from Prevention Institute. **Addressing the Intersection: Preventing Violence and Promoting Health Eating and Active**



Living, finds that we must prevent violence if we are to be successful in preventing chronic disease. Healthy eating and active living has become a national priority, but when people don't feel safe in their communities, they are less likely to use local parks, access public transportation or let their children walk to school or play outside. Until now, very little research on the impact of community violence on healthy

eating and activity--and potential solutions--has been done. The Kaiser Permanente-funded report conducted interviews with community advocates as well as strategy sessions with national experts. The final product makes a compelling case for embedding safety strategies into community efforts to promote healthy eating and physical activity.

<http://preventioninstitute.org/component/jlibrary/article/id-267/127.html>

Blue Choice Health Plan launches Walking Works for SC Schools

Walking Works is a free 12 week Walking Program for grades K through 5. This new program invites teachers to lead their class on a five minute walk every day. Each student will have access to the interactive website and record their progress to earn incentive prizes. To enroll your school and receive your supplies please contact Annie Fearon at Annie.Fearon@BlueChoiceSC.com or 800-327-3183 ext. 25068

Rivers, Trails, and Conservation Assistance (RTCA) Program

Want to connect your community to nature? Are you trying to protect your local rivers, save an unspoiled landscape, or build trails to help everyone in your community enjoy nature? Applications for the next round of technical assistance can be



submitted **until August 1**. Through the Rivers, Trails, and Conservation Assistance (RTCA) program, the National Park Service provides staff who can guide communities in conserving waterways, preserving open space, and developing trails and greenways.

Potential applicants are strongly encouraged to discuss their project ideas with our staff near you before submitting an application.

Visit www.nps.gov/rtca for complete information and [application](#)

SAH Action Institute Presentations Available for Download

The Strategic Alliance for Health Action Institute was held in Austin, TX in April, 2010. Experts from around the United States joined those from CDC to train community and state partners regarding sustainable, innovative, and evidence- and practice-based chronic disease prevention programs that promote policy, systems, and environmental changes. Sessions included the following topics: building on program development and evaluation; opportunities for identifying, implementing and evaluating policy, systems, and environmental change strategies; and tools and resources for replicating and sustaining population-based programs. All of the presentations are now available for download on their website.

<https://www.signup4.net/public/ap.aspx?EID=STRA29E&OID=165>

June is National Great Outdoors Month!

June is a special time to celebrate America's Great Outdoors. Great Outdoors Month highlights the benefits of active fun outdoors and our magnificent shared resources of forests, parks, refuges, and other public lands and waters. Media attention to the proclamation triggers actions by millions of households and prompts public discussion of important issues linked to outdoor recreation, including volunteerism, health, and outdoor ethics. Please click on the following website for ideas and suggestions to help celebrate!

<http://www.funoutdoors.com/taxonomy/view/or/116>



June 5th is National Trails Day

American Hiking Society's signature trail awareness program, National Trails Day® (NTD), inspires the public and trail enthusiasts nationwide to seek out their favorite trails to discover, learn about, and celebrate trails while participating in educational exhibits, trail dedications, gear demonstrations, instructional workshops and trail work projects.

<http://www.americanhiking.org/NTD.aspx>

A Recipe for Change: Healthy Food in Every Community

School lunches and farmers' markets are on the national radar right now, and for good reason. The food system influences our ability to access, buy and eat healthy foods: from the farm to your corner store, from T.V. commercials to your table, the food system matters. The just-released Convergence Partnership's [Recipes for Change: Healthy Food in Every Community](#), authored by Prevention Institute, aims to increase access to healthy foods by highlighting the innovative prevention strategies already working in communities across the country.

Recipes for Change showcases opportunities to change the food system to benefit our physical, economic, social, and environmental health: from fresh food financing to school nutrition standards to food procurement policies. Fueled by research, innovative policies, and grassroots energy, the movement to increase access to healthy foods and to create a sustainable, equitable food system can provide a springboard for public action and local activism.

<http://www.preventioninstitute.org/component/jlibrary/article/id-266/127.html>

Joint Use Toolkit Available

A new toolkit is available on opening school grounds to the community after hours. It provides guidance on increasing physical activity in communities through "joint use agreements." Developed by Planning for Healthy Places at Public Health Law & Policy in California, the PHLP's toolkit helps communities and school districts work together to develop these joint use agreements. You can review or download the entire toolkit or choose a specific chapter or appendix of interest. Note: The four California model joint use agreements within this toolkit are available in editable versions on the PHLP website: <http://preview.tinyurl.com/2e5eek3>.

Healthcare Professionals Policy Opportunities Tool

The Policy Opportunities Tool is designed to showcase the various policy strategies that support healthy active living for children and families. This tool is designed for healthcare professionals who have experience in advocacy and are interested in focusing their advocacy efforts on obesity prevention. http://www.aap.org/obesity/matrix_1.html

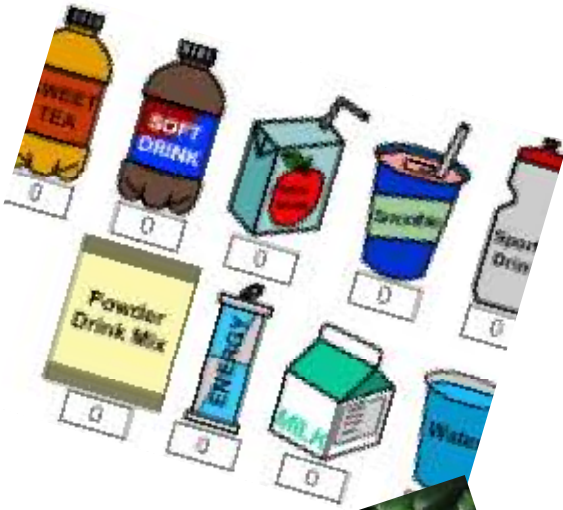


Families Food and Fitness Web resource

Families Food and Fitness is an excellent online resource filled with information, toolkits, articles, fact sheets and interactive tools for families wanting to make positive changes. There is a new interactive beverage guide to sugars as well as information on other healthy habits.

<http://www.extension.org/families%20food%20fitness>

[http://www.extension.org/pages/Interactive_Beverage_Guide](http://www.extension.org/pages/Interactive_Beverage_Guide_to_Sugars)
[e to Sugars](#)



Game Jams to Promote Apps and Games That Help Kids Eat Healthy, Be Active



[Video Game Developers and Contestants Across the United States Work Together to Build Games for Submission to Apps for Healthy Kids Competition](#)

The International Game Developers Association, in partnership with the U.S. Department of Agriculture (USDA), announced it is organizing the [Health Games Challenge](#), a series of game jams in at least six major U.S. cities during the weekend of May 21 to harness the creativity and skill of video game developers in support of the [Apps for Healthy Kids](#) competition. The game jams are a joint initiative of the [Games for Health](#) project and [Health Games Research](#), both grantees of the Robert Wood Johnson Foundation's Pioneer Portfolio.

The Health Games Challenge will draw game developers, graphic artists and local youth together to brainstorm ideas and produce video game prototypes from scratch in just 48 hours. Prizes totaling \$60,000 will be awarded to winning entries.

Links Between Parks and Physical Activity

This synthesis summarizes the growing body of evidence concerning the role of parks in shaping active lifestyles across a variety of study populations, including children, seniors, lower-income families, specific racial and ethnic groups and other populations at high risk of being inactive. Review the research and findings at http://www.activelivingresearch.org/files/Synthesis_Mowen_Feb2010.pdf.

Social Context Explains Race Disparities in Obesity Among Women

Bleich SN, Thorpe RJ, Sharif-Harris H, et al. 2010. Journal of Epidemiology and Community Health 64(6):465-469. Abstract available at <http://jech.bmj.com/content/64/5/465.short?rss=1>.

Effect of Treatment of Gestational Diabetes Mellitus on Obesity in the Next Generation

Matthew W. Gillman, Helena Oakey, Peter A. Baghurst, Robert E. Volkmer, Jeffrey S. Robinson, and Caroline A. Crowther Diabetes Care May 2010 33:964-968; doi:10.2337/dc09-1810
<http://care.diabetesjournals.org/content/33/5/964.abstract>

Changes in State-Specific Childhood Obesity and Overweight Prevalence in the United States From 2003 to 2007

Gopal K. Singh, PhD; Michael D. Kogan, PhD; Peter C. van Dyck, MD, MPH
Arch Pediatr Adolesc Med. 2010;164(7):(doi:10.1001/archpediatrics.2010.84)
<http://archpedi.ama-assn.org/cgi/content/short/2010.84>



American Legion Child Welfare Foundation – Child Development Grants

Deadline: July 15, 2010
<http://www.cwf-inc.org/>

CVS Caremark Charitable Trust - Community Grants

Deadline: June 15, 2010
<http://info.cvscaremark.com/community/our-impact/charitable-trust/how-apply>

Do Something – BIC 4 Good Grants

Deadline: Rolling
<http://www.dosomething.org/grants/bic4good>

Ronald McDonald House Charities – Youth Health and Well-being Grants

Deadline: September 7, 2010
<http://rmhc.org/what-we-do/grants/how-to-apply>

Build-A-Bear Workshop Bear Hugs Foundation - Champion Fur Kids Health and Wellness Grants

Deadline: Rolling
<http://www.buildabear.com/aboutus/community/grants/>

Major League Baseball & Major League Baseball Players Association - The Baseball Tomorrow Fund

Deadline: July 1, 2010
http://mlb.mlb.com/mlb/official_info/community/btf.jsp?content=grant_process

BI-LO Charities - Children, Education, and Hunger Relief Grants

Deadline: July 31, 2010
<http://www.bi-locharities.org/giving-and-grants/grant-information/>

Active Living Research Rapid-Response Call for Proposals Released

Active Living Research: Building Evidence to Prevent Childhood Obesity
Deadline: Letters of intent may be submitted until July 1, 2011
<http://www.rwjf.org/files/applications/cfp/cfp-ALRrapid3.pdf>

RWJF Local Funding Partnership Grants

Deadline: June 30, 2010. More information :
<http://www.lifp.org/html/apply/annual/programdetails.html>

Got Breakfast Grant-The Silent Hero Program

Application: <http://www.gotbreakfast.org/index.php>

Walmart Foundation Grants

Deadline: August 20, 2010.
<http://walmartstores.com/CommunityGiving/8168.aspx>

Afterschool Alliance Afterschool Funding Database

<http://www.afterschoolalliance.org/fundingData.cfm>

NASPE Grants Database

<http://www.aahperd.org/naspe/grants/grants/grantopportunities.cfm>

SPARK Grant Finder Tool

<http://www.sparkpe.org/grants/grantfunding-resources/>



Research to Practice Conference for Physical Education Teachers

The Research to Practice Conference will take place July 12-16 at Lugoff-Elgin Middle School, Lugoff, SC. This is a free conference! You may sign-up for one day or all the days. Up to 27 renewal credit hours if you attend all week.

July 12, 8:30 a.m. to 3:30 p.m., **Moving To Success**, presenter Dan Young.

July 13, 8:30 a.m. to 3:30 p.m., **The Soggi Multi Sport Approach to Physical Education**

July 14, 8:30 a.m. to 3:30 p.m., **The Active Classroom: Increasing Physical Activity in School-Aged Children**, presenter Dr. Susan Johnson of Lowcountry Wellness Associates.

July 15, 8:30 a.m. to 12:00 p.m., **Physical Education for Students with Disabilities**, presenter Kim Speer.

July 16, 8:30 a.m. to 3:30 p.m., **Sport Education: Authenticating Sport in PE for the Children of South Carolina**, presenters Dr. Derek Mohr and Dr. Scott Townsend

For more information on these programs, please contact Skip Strainer, JAStrain@ed.sc.gov

The University of South Carolina Prevention Research Center will offer a free grant writing workshop for community groups

on June 21. Free handouts will be made available for participants. Participants will be asked to provide verbal feedback regarding the quality of the workshop, which will eventually be offered to other community groups.

This workshop is designed for community groups with limited or no grant writing experience and is not appropriate for state government agencies or more experienced groups. Participants will need to register no later than June 14 by calling (803) 777-6292 or emailing burrouge@mailbox.sc.edu.

Breastfeeding Grand Rounds 2010

Promoting Breastfeeding-Friendly Hospital Practices - Free Live Webcast

Thursday, August 5, 2010

8:30 - 10:30 a.m. EDT

Click here to register: <http://www.informz.net/ualbany-sph/event.asp?eid=3661&uid=286286913&minst=1006061>

For more information visit

<http://www.albany.edu/sph/coned/bfgr10.htm>



Second Annual Impact Childhood Obesity Conference



The UNC Charlotte College of Education is pleased to present the Second Annual Impact Childhood Obesity Conference on Tuesday and Wednesday, July 20 and 21, 2010 at the University of North Carolina at Charlotte. This year's theme is, "Childhood Obesity: A National Dilemma," and targets school administrators and educators, medical professionals, and health and human services advocates for this two-day event.

The purpose of this conference is to provide nutrition education and enhanced physical activity programs to students, teachers, and school staff and supportive information to parents and caregivers. The event will incorporate speakers and teams from highly successful schools in dealing with childhood obesity. Lunch is provided both days by some of our sponsors concluding with a presentation where you can learn additional approaches to assist overweight and obese children. Please visit <http://impactchildhoodobesity.org> to register and for more information. Questions regarding conference content should be directed to Dr. J. Allen Queen at (704) 687-8856, jaqueen@uncc.edu. Registration questions should be directed to Mr. Victor Mack, (704) 687-8801, vbmack@uncc.edu.

Worksite Wellness: Forming Powerful Partnerships" featuring the Kentucky Worksite Wellness Initiative

June 3 12:00 to 1:00 PM ET

To register:

<https://www2.qotomeeting.com/register/514740002>
http://healthpromotionlive.com/2010/01/06/may_14_teresa_lovely_worksite_wellness_forming_powerful_partnerships/

Webinar: Fast Food Regulations: Promoting Healthy Food Options for Kids & Families

June 10, 10 AM PT / 1 PM ET

[Register Here](#)

Through this webinar, participants will learn about the zoning and police power of local governments to enact food sales and marketing regulations and what can be done to steer restaurants toward providing healthier options. The webinar will also be a mini-training on two of NPLAN's model policy tools: [Healthy Food Zone Ordinance](#) and Better Meals for Kids Ordinance.

Equal Footing - Launching the National Walking Strategy

On September 16, 2010 America Walks is convening organizations, agencies and businesses at the Equal Footing Summit in Chattanooga, TN. Join in as they launch a National Walking Strategy to build momentum for a more walkable America. For more information, contact Scott Bricker at 503-757-8342 or sbricker@americawalks.org

SCAHPERD Annual Convention

November 11-14, Myrtle Beach, SC.

http://www.scahperd.org/Annual_Convention_and_Exposition.html

The Safe Routes to School National Partnership Webinars

Two webinars will be offered to help non-profit organizations and community residents come together and collaborate to develop culturally sensitive, inclusive and successful SRTS initiatives.

Webinar 1: Tuesday, June 8, 2010, 1:00-2:00 p.m. EST

Register at:

<http://www.instantpresenter.com/PIID=EE55DE8088>

This webinar will focus on efforts at low-income schools designed to engage parents as volunteers and champions for SRTS, as well as strategies to reduce crime and violence near schools.

Webinar 2: Thursday, June 17, 2010, 1:00-2:00 p.m. EST

Register at:

<http://www.instantpresenter.com/PIID=EE55DE8089>

Low-income communities often have limited access to professional expertise, such as planners and engineers, who are critical to planning and obtaining funds for Safe Routes to School programs. In this webinar, learn about two communities in which the local government or a non-profit stepped forward to collaborate with community residents and parents to implement Safe Routes to School initiatives and build buy-in with city leaders.



This newsletter is produced through a joint effort between Eat Smart Move More SC and the Division of Nutrition, Physical Activity, and Obesity at SC DHEC, with support from CDC Cooperative Agreement DP08-805.